

ULSTER COUNTY RESOURCES

Updated Nov 2022

Ulster County Department of Mental Health

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How to use this guide

The Ulster County Department of Mental Health has put this guide together to better assist our residents and providers with connecting to needed services in the community. We know this is not an exhaustive list and will need continuous updating. If you cannot find what you're looking for or would like to talk through your situation, please call us Monday through Friday 9am to 5pm or e-mail us (contact info below). We are here to listen and assist!

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**Ulster County
Department of Mental
Health**

Our department is available Monday through Friday 9am-5pm to answer any questions regarding services and help you find the right resource.

WellnessRecovery.org

A resource maintained by MHA in Ulster County, this is one-stop guide to all services available in Ulster County and is continuously updated.

Family of Woodstock

Confidential 24/7 hotline
Call or text: (845) 679-2485

Walk In Centers:
Woodstock (845) 679-2485
New Paltz (845) 255-8801
Ellenville (845) 647-2443
Kingston (845) 331-7080

**Ulster County Mobile
Mental Health Team**

Access: Supports for Living
(844) 277-4820 10am-10pm
7 days a week
(Warmline support 24/7)

**Short-Term Crisis
Residences**

People USA Rose Houses
(845) 452-2728

Emergency Shelters

Ulster County Dept. of Social Services
(845) 334-5360 Mon-Fri 8am-5pm

After hours:
Family of Woodstock
(845) 679-2485

Food Assistance

For a list of food pantries with bus routes, please visit
WellnessRecovery.org or click [here](#)

CRIME VICTIMS, RESPITE, SOCIAL SERVICES**Domestic Violence Services**

Family of Woodstock DV Services
PO Box 3817 Kingston, NY 12402
24/7 hotline: (845) 679-2485
(845) 331-7080 (administrative office)

Crime Victims Assistance

Ulster County Crime Victim Assistance Program (UCVAP)
1 Pearl Street Kingston NY 12401
(845) 340-3443
24/7 hotline: (845) 340-3442

Respite for Youth

MHA in Ulster County
(Daytime Respite ages 5-18)
(845) 339-9090 x2210

Peer Warm Line

People USA
(845) 452-2728 x 607 - 24/7

Emergency Shelter for Youth & Families

Family of Woodstock's Family House
(emergency shelter for ages 12-17)
(845) 338-5953 - 24/7

Family of Woodstock's Midway I & II
(transitional living ages 16-21)
Kingston: (845) 339-5508
Ellenville: (845) 647-1346

Family of Woodstock's Family Inn
(for families with children)
38 Thomas Street
Kingston, NY 12401
(845) 340-1847

Social Services

Ulster County Dept. of Social Services
(845) 334-5000 Mon-Fri 8am-5pm

- Temporary Assistance
- Food & Heating Assistance
- Emergency Housing
- Medicaid
- Employment
- Early Intervention
- Adult, Child & Family Services

CLINICAL SERVICES FOR MENTAL HEALTH**Access: Supports for Living**

Behavioral Health Urgent Care
walk-in 368 Broadway Suite 205
(888) 750-2266 Option 2
10am-6pm Mon-Fri in person
24-7 virtually

Astor Services for Children & Families

Kingston, Ellenville, New Paltz
(845) 340-4105

Institute for Family Health

Kingston, New Paltz, Ellenville
(845) 338-2562

DSS Coordinated Children's Services

(CCS/NEXIS/MST)
(845) 334-5050

Family Services, Inc.

Kingston, Ellenville, Highland
(845) 486-2703

Pine Grove Center

Kingston (serious mental illness only)
(845) 339-4733

Spectrum Behavioral Health

Kingston
(845) 331-1079

Partial Hospitalization

HealthAlliance Hospital
(845) 334-3120 x2

PROS

Gateway Hudson Valley
(group modality with clinic)
(845) 331-1261 x297

SUBSTANCE USE & ADDICTION RESOURCES

Bridge Back

Outpatient clinic
Kingston
(845) 943-6091

Step One

Outpatient clinic
(845) 834-7300 (Kingston)
(845) 691-9191 (Highland)
(845) 647-5400 (Ellenville)

Samadhi

Outpatient clinic, linkage to peers,
hotline & Recovery Resource Center
(855) SAMADHI (726-2344)

Medication for Opioid Use Disorder

Click [here](#) for our Ulster MOUD
Provider List or call (845) 340-4110

Detox & Rehab

Find treatment options by clicking
[here](#) or visiting WellnessRecovery.org

ORACLE

A rapid response team sponsored by
the Ulster County Sheriff's Office.
(888) 996-0940 - 24/7

Narcan

Click [here](#) for Narcan Training Sites
or text ERHRescue to 21000

Hudson Valley Community Services

Street outreach and harm reduction
for people who use drugs.

12 Step Programs

[Click here](#) for AA
[Click here](#) for NA
[Click here](#) for Al-Anon or Alateen

Refuge Recovery

Click [here](#) for local meetings

SMART Recovery

Click [here](#) for local meetings

CASE MANAGEMENT & CARE COORDINATION**Ulster County Single Point of Access (SPOA)**

Direct linkage to care management and other supportive services
Ulster County Dept. of Mental Health
(845) 340-4110
dmh@co.ulster.ny.us

Children's Health Home of Upstate New York (CHHUNY)

For children with Medicaid
[Click here](#) or call (855) 209-1142

Care Management Partners of Ulster County

For children or adults with Medicaid
[Click here](#) or call (845) 245-5223

Hudson Valley Care

For adults with Medicaid
[Click here](#) or call (914) 588-3334

OPWDD Care Coordination Organizations

Care Design
(518) 816-3724

LIFEPlan
(855) LIFEPLN (543-3756)

Tri-County Care
(844) 504-8400 ext. 9535 or 9241

Adult Protective Services

Ulster County Dept. of Social Services
(845) 334-5125
Mon-Fri 8am-5pm

Assisted Outpatient Treatment (AOT)

Ulster County Dept. of Mental Health
(845) 340-4148

AVERT

Anti-violence outreach provided by the Dept. of Mental Health & Sheriff
(845) 340-4177

SENIORS, VETERANS, DISABILITIES, IMMIGRANTS

**Ulster County Office
for the Aging**

(845) 340-3456

Toll Free: 1-877-914-3456

**Ulster County
Veterans Services
Agency**

(845) 340-3190

Mon-Fri 9am-5pm

**Hudson Valley LGBTQ+
Community Center**

(845) 331-5300

www.lgbtqcenter.org

**Worker Justice Center
of New York**

9 Main Street Kingston, NY 12401

(845) 331-6615

**Ulster Immigrant
Defense Network**

(888) 726-7276

In-person Office Hours:

Holy Cross / Santa Cruz

Episcopal Church

30 Pine Grove Avenue, Kingston

Monday and Tuesday, 9am-5pm

Wednesday, 12-6:30pm

Thursday, 10am-8pm

Catholic Charities

(845) 288-2662

**Resource Center for
Accessible Living
(RCAL)**

(845) 331-0541

**Jewish Family
Services**

(845) 338-2980

PUBLIC HEALTH & FAMILY SUPPORT**Ulster County
Department of Health**

Includes WIC

(845) 340-3090

Mon-Fri 9am-5pm

**Maternal Infant
Services Network**

1 (800) 453-4666

Planned Parenthood

21 Grand Street Kingston

(845) 562-7800

Mon-Wed 8:30am-5pm, Thu 9:30am-
5:30pm, Fri 8:30am-4:30pm

Healthy Families

(845) 339-8551 Kingston

(845) 647-7743 Ellenville

**Northeast Center for
Rehabilitation & Brain
Injury**

(845) 336-3500

**Traumatic Brain Injury
Waiver Services**

(845) 228-7457 ext. 1130

**National Alliance on
Mental Illness (NAMI)**

NAMI Mid-Hudson, Inc.

(845) 832-6368

Education, resources and family
support

Family Peer Support

Ulster County Dept. of Mental Health

(845) 340-4110

dmh@co.ulster.ny.us